



México

Embajada de México en
Trinidad y Tobago



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Embassy of Mexico in Trinidad and Tobago

MÉXICO TAMBIÉN ES CARIBE MEXICO IS ALSO CARIBBEAN



Recognition of First Peoples women from Trinidad and Tobago:
Mrs. Jacqueline Khan and Cacica Ortancia Bejamin.
Accompanied by Minister of Foreign and CARICOM Affairs, the Honourable
Dr. Amery Browne and Minister of Planning and Development,
the Honourable Penelope Beckles.

Reconocimiento a mujeres indígenas de Trinidad y Tobago:
Sra. Jacqueline Khan y Cacica Ortancia Bejamin.
Acompañan el Ministro de Relaciones Exteriores y CARICOM, Honorable Dr. Amery
Browne y la Ministra de Planeación y Desarrollo Honorable Penelope Beckles.

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WELCOME MESSAGE

MENSAJE DE BIENVENIDA

Mexico aims to position itself as an international benchmark in favour of women and particularly, in 2025, of indigenous women. It was therefore important to raise awareness of the situation, with a well-deserved recognition of distinguished indigenous Trinidadian women. We thank the Honourable Dr. Amery Browne, Minister of Foreign and CARICOM Affairs, and the Honourable Pennelope Beckles, Minister of Planning and Development, for their very distinguished presence and valuable participation.

An event marked Trinbagonian politics in March: after 10 years as Prime Minister, Dr. Keith Rowley stepped down for a generational change with the Honourable Stuart Young, the new Prime Minister of the Republic of Trinidad and Tobago, who has assumed the reins of government ahead of general elections this April. The democratic strength of Trinidad and Tobago guarantees free and peaceful elections.

The Embassy maintains its intense pace of work through interaction with various governmental, trade, social and cultural actors, to strengthen its presence and collaboration; in addition to having participated in the process for the support of Mexico in the election of Ambassador Albert Ramdin, Minister of Foreign Affairs, International Business and International Cooperation of Suriname, as the next Secretary General of the OAS.

Víctor Hugo Morales Meléndez
Ambassador

México desea posicionarse como un referente internacional a favor de las mujeres y particularmente, este 2025, de las mujeres indígenas. Por ello fue importante visibilizar la situación, con un merecido reconocimiento, a distinguidas mujeres indígenas trinitenses. Agradecemos al Honorable Dr. Amery Browne, Ministro de Relaciones Exteriores y CARICOM, y a la Honorable Pennelope Beckles, Ministra de Planificación y Desarrollo, por su muy honrosa presencia y valiosa participación.

Un acontecimiento marcó la política trinitense en el mes de marzo: luego de 10 años como Primer Ministro, el Dr. Keith Rowley dejó su cargo, para un cambio generacional con el Honorable Stuart Young, nuevo Primer Ministro de la República de Trinidad y Tobago, quien ha asumido las riendas del gobierno de cara a las elecciones generales de este mes de abril. La fortaleza democrática de Trinidad y Tobago garantiza comicios en libertad y paz.

La Embajada mantiene su intenso ritmo de trabajo con la interacción con diversos actores gubernamentales, gremiales, sociales y culturales, para fortalecer su presencia y colaboración; además de haber acompañado el proceso para el apoyo de México en la elección del Embajador Albert Ramdin, Ministro de Asuntos Exteriores, Negocios Internacionales y Cooperación Internacional de Surinam, como próximo Secretario General de OEA.

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Embajador

2025 YEAR OF THE INDIGENOUS WOMAN



Within the margins of International Women's Day, Ambassador Víctor Hugo Morales led a significant ceremony as part of the implementation of Mexico's Feminist Foreign Policy.

To highlight Mexico's initiative of designating 2025 as the Year of the Indigenous Woman, the Embassy paid tribute to two prominent indigenous Trinbagonian women. The ceremony featured the distinguished participation of the Minister of Foreign and CARICOM Affairs, Senator the Honourable Dr. Amery Browne, and the Minister of Planning and Development, the Honourable Penelope Beckles, whose significant remarks attested to their government's commitment to indigenous communities and the protection of women.

The Ambassador of Mexico underlined the recent constitutional reform that reinforces legal guarantees for indigenous and Afro-Mexican individuals; and commented on the institutional strengthening achieved through the establishment of the Ministry for Women and the implementation of a Feminist Foreign Policy that places Mexico at the forefront of international actions in support of women, free from discrimination and violence.

Mrs. Jacqueline Bernadine Khan of the Santa Rosa First People's Community and the Cacica of the Warao Community, Ortancia Anicia Benjamin, were recognized for their work in improving their communities, the preservation of their culture and the support of women. They are examples of fortitude and perseverance. The Embassy of Mexico proudly extends a heartfelt acknowledgement to both.

The Embassy also recognizes the Trinidad and Tobago media which extensively highlighted this important event with great professionalism.



2025 AÑO DE LA MUJER INDÍGENA

En el marco del Día Internacional de la Mujer, el Embajador Víctor Hugo Morales encabezó una relevante ceremonia como parte de la aplicación de la Política Exterior Feminista de México.

Con el fin de visibilizar la iniciativa mexicana de decretar el 2025 Año de la Mujer Indígena, la Embajada rindió homenaje a dos destacadas indígenas trinitenses, ceremonia que contó con la honrosa participación del Ministro de Relaciones Exteriores y Caricom, Hon. Dr. Amery Browne, y la Ministra de Planificación y Desarrollo, Hon. Penelope Beckles, cuyos relevantes discursos testimoniaron el compromiso de su gobierno a favor de las comunidades indígenas y la protección de las mujeres.

El Embajador de México destacó la reciente reforma constitucional que fortalece las garantías legales a los indígenas y a los afroamericanos; comentó sobre el fortalecimiento institucional con la creación de la Secretaría de la Mujer y la aplicación de una Política Exterior Feminista que coloca a México en la vanguardia con acciones internacionales a favor de la mujer, libre de discriminación y violencia.

La señora Jacqueline Bernadine Khan de la Santa Rosa First Peoples Community y la Cacica de la Comunidad Warao, Ortancia Anicia Benjamin fueron reconocidas por su trabajo a favor de sus comunidades, la preservación de su cultura y el apoyo a las mujeres. Son ejemplo de entereza y perseverancia. Con orgullo, la embajada de México les rinde un sentido homenaje.

La Embajada también reconoce a la prensa trinitense que con gran profesionalismo destacó ampliamente este relevante evento.

Indigenous women honoured for leadership and advocacy

The secretary of the Santa Rosa First Peoples' Community, Jacqueline Bernadine Khan, is applying for Mexico on the move to become 2025 in the Year of the Indigenous Woman.

Khan and Cacica of the Warao community, Anicia Ortancia Benjamin, were recognised by Ambassador to Mexico, Víctor Hugo Morales, at the Embassy Headquarters, 12 Hayes Street, on March 7.

The event, which celebrated the role of indigenous women in T&T, was held in conjunction with International Women's Day.

"The honoree of this recognition is bestowed not just upon me but upon the entire indigenous community, as it is a very forward for us in our continuing struggle to build visibility and meaningful recognition," said Khan.

"May the history of the Santa Rosa First Peoples' Community be preserved and taught to future generations."

The ambassador of Mexico highlighted Khan's dedication to documenting the history of the Santa Rosa First Peoples' Community through her continued research and contributions to the writing of several books and pamphlets.

He said, "Mrs Khan is the keeper of the community's institutional memory, having served the community for over three decades and

Likewise, he recognised Benjamin, who he said offers great distinction to her community as an ethnic and cultural reference of T&T.

He added, "The vision is to bring the heritage of the Warao people to a broader, positive, and informative platform, with the aim of addressing the needs of her community."

The Embassy of Mexico aims to implement initiatives that will not only strengthen indigenous women's rights but also enhance their participation in leadership and decision-making.

"In particular, in the next few months to August, on the occasion of International Indigenous Rights Day, we will host a discussion on the role of women in the promotion of human rights and the preservation of customs and traditions," the ambassador said.

"The aim is to encourage dialogue, reflections, and proposals to improve the situation of indigenous women. We will also share the experience of the experts of Article 2 of the Mexican Constitution, which recognises and protects the rights of indigenous and Afro-descendant individuals."

"And we will analyse the effectiveness of a Feminist Foreign Policy, a position taken for the benefit of women and specifically in favour of indigenous women, as a historic and powerful indigenous rights, ensuring that indigenous women are fully recognised, and investing

Penelope Beckles said she was honoured to represent a community that has been the spiritual and cultural home of the Santa Rosa First Peoples' Community.

"In particular, I feel a unique position as knowledge keepers, caregivers, and defenders of cultural identity."

"Their wisdom and resilience have sustained communities through times of adversity and change," she said.

"Yet, they continue to face barriers to education, economic independence, and political representation. If we are to truly honour their contributions, we must ensure that they have access to resources, legal protection, and platforms for leadership."

"Ensuring gender equality is not about shifting power; it is about sharing it. It is about removing the barriers that have historically excluded women and ensuring that they have an active role in shaping their own futures."

"The future we envision is a future of equity, sustainability, and prosperity cannot be built without the full and equal participation of indigenous women, whose leadership, knowledge, and advocacy are fundamental to securing the rights, resources, and recognition that their communities deserve."

Beckles shared the Government's commitment to protecting and promoting indigenous rights, ensuring that indigenous women are fully recognised, and investing

Cacica of the Warao community Anicia Ortancia Benjamin, third from left, with Amb. MP Penelope Beckles, left, Minister of Foreign Affairs and Caricom Affairs Dr. Amery Browne and Ambassador to Mexico Víctor Hugo Morales.

GUARDIAN TRINIDAD

Mexican Embassy honours 2 indigenous Warao women

The Mexican Embassy in Trinidad and Tobago has honoured two indigenous women for their leadership and advocacy in the fight against climate change and for the preservation of their culture.

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TRINIDAD EXPRESS

Mexican Embassy recognises indigenous women for IWD

The Warao people was honoured in 2024, taking up the role from her mother.

She was described as being committed to the well-being of the Warao community, who works tirelessly to make the Warao culture visible in T&T and the rest of the world.

She is currently studying conflict resolution at a UK university and holds several certificates in management at the Mexican Embassy on Hayes Street, St Clair.

"As I proudly stand in this position I know that the road ahead will not be easy, but with my team, my sisters and other fierce women by my side, we will not only meet any obstacle, but we will study the climb, for the view on the mountain top will be great," she said.

In a further address, Minister of Planning and Development Penelope Beckles-Brown said that the recognition of indigenous women is a testament to the strength and resilience of the Warao people.

Benjamin, a fashion model, performer artist and fifth Cacica of the Warao community, was recognised by Ambassador to Mexico, Víctor Hugo Morales, at the Embassy Headquarters, 12 Hayes Street, on March 7.

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NEWSDAY TRINIDAD

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JONATHAN BAGHAN, GUARDIAN TRINIDAD

MEXICO HIGHLIGHTS LEADERSHIP OF THE HONOURABLE STUART R. YOUNG



The Embassy of Mexico appreciates the human qualities of the Honourable Stuart Richard Young, Prime Minister of Trinidad and Tobago, who throughout his professional and political career has demonstrated a solid background combined with his commitment to the development of his esteemed country.

The Honourable Stuart Richard Young has always shown cordial deference to the Ambassador of Mexico, which allows bilateral relations during his administration to be strengthened through dialogue and cooperation.

The Embassy of Mexico wishes that the Trinbagonian people celebrate elections in a framework of democracy, cordiality and stability, which characterise this country.

MÉXICO DESTACA LIDERAZGO DEL HONORABLE STUART R. YOUNG

La Embajada de México aprecia la calidad humana del Honorable Stuart Richard Young, Primer Ministro de Trinidad y Tobago, quien a lo largo de su carrera profesional y política ha demostrado una sólida formación que se combina con su empeño a favor del desarrollo de su estimado país.

El Honorable Stuart Richard Young ha mostrado siempre una cordial deferencia al Embajador de México, lo que permite que las relaciones bilaterales durante su gobierno tiendan a fortalecerse mediante el diálogo y la cooperación.

La Embajada de México desea al pueblo trinbagonian unas elecciones en un marco de democracia, cordialidad y estabilidad, que caracterizan a este país.

MEXICO SUPPORTS CARICOM IN THE OAS

Mexico has added its support and celebrated the fact that, for the first time in the history of the Organization of American States, it will have a Secretary General from a Caribbean country, as a result of a spirit of inclusion, equitable representation of all hemispheric sub-regions and the legal equality of States.

The diplomatic background and experience of Ambassador Albert Ramdin, Minister of Foreign Affairs, International Business and International Cooperation of the Republic of Suriname, will enable him to undertake a relevant role in restoring inter-American multilateralism and rebuilding political dialogue. This Embassy, concurrent to Suriname, joins in congratulating an exceptional diplomat and great friend of Mexico.

At the OAS General Assembly, Mexican Foreign Affairs Minister, Juan Ramón de la Fuente, expressed that "the election of new leadership in the General Secretariat represents a valuable opportunity to strengthen the relevance and legitimacy of the OAS and to advance the hemisphere's most pressing issues of security, democracy, human rights and development cooperation," under four principles outlined by the Mexican President: shared responsibility, mutual trust, reciprocal collaboration and unrestricted respect for the sovereignty of citizens.



MÉXICO APOYA A CARICOM EN LA OEA

México ha sumado su apoyo y celebrado que por primera vez en la historia de la Organización de Estados Americanos, ésta tendrá un secretario general originario de un país del Caribe, como resultado de un ánimo de inclusión, representación equitativa de todas las subregiones del hemisferio y la igualdad jurídica de los Estados.

La trayectoria y experiencia diplomática del Embajador Albert Ramdin, Ministro de Asuntos Exteriores, Negocios Internacionales y Cooperación Internacional de la República de Surinam, le permitirá desempeñar un relevante papel en la restauración del multilateralismo interamericano y en la reconstrucción de un diálogo político. Esta Embajada, concurrente con Surinam, se une a la felicitación de un excepcional diplomático y gran amigo de México.

En la Asamblea General de la OEA, el Canciller de México, Juan Ramón de la Fuente, manifestó que "la elección de un nuevo liderazgo en la Secretaría General representa una valiosa oportunidad para fortalecer la relevancia y legitimidad de la OEA, y para avanzar en los asuntos más apremiantes del hemisferio en materia de seguridad, democracia, derechos humanos y cooperación para el desarrollo", bajo cuatro principio delineados por la Presidenta de México: la responsabilidad compartida, la confianza mutua, la colaboración recíproca y el respeto irrestricto a la soberanía de los pueblos.

MEXICO AT THE NGO FAIR OF TRINIDAD AND TOBAGO

The Embassy of Mexico contributes decisively to the empowerment of Mexican women; therefore, it participated in the World NGO Day Fair "Better together", where it disseminated the Consular Entrepreneurship Programme for Mexican Women Abroad (PCEME).

The Minister of Social Development and Family Services, Donna Cox, visited the Mexican stand, where she was able to learn about this entrepreneurship programme, which contributes to strengthening the entrepreneurial capacities of women in the Caribbean.

The meeting convened non-governmental organizations from across the country to exchange best practices and experiences, and to establish connections aimed at fostering future collaboration in diverse social sectors.

The Feminist Foreign Policy is based on the conviction that empowering women allows them to become agents of change for the benefit of their communities



MÉXICO EN LA FERIA DE LAS ONGS DE TRINIDAD Y TOBAGO



La Embajada de México contribuye decididamente al empoderamiento de las mujeres mexicanas; por ello, participó en la Feria por el Día Mundial de las ONG "Mejor juntos", donde difundió el Programa Consular de Emprendimiento para Mexicanas en el Exterior (PCEME).

La Ministra de Desarrollo Social y Servicios de Familia, Donna Cox, visitó el stand de México, donde pudo conocer dicho programa de emprendimiento, que contribuye a fortalecer las capacidades empresariales de las mujeres en el Caribe.

El encuentro propició el acercamiento con otras organizaciones de no gubernamentales del país con los que se compartieron buenas prácticas y experiencias, además de generar conexiones para futuras colaboraciones en diversas áreas sociales.

La Política Exterior Feminista parte de la convicción de que empoderar a las mujeres les permite convertirse en agentes de cambio en beneficio de sus comunidades.

WEAVING NETWORKS WITH STAKEHOLDERS

The Embassy of Mexico is strengthening its contacts and dialogues with various actors in Trinidad and Tobago, with the aim of strengthening relations with this country.

Of relevance is the meeting with the directors of the Trinidad and Tobago Seamen Education, Employment Association Contractors, headed by its President David Mc Leod, which allowed ascertaining the challenges of this sector, enabling contact with Mexican counterparts, identifying good Mexican labour and legislative practices, in addition to the Embassy joining the celebration of World Seafarer Day.

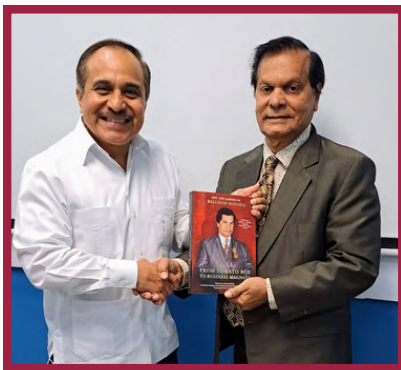
The meeting with the CEO of the NGO Women-Owned Media & Education Network (W.O.M.E.N.) Lucía Cabrera Jones was also noteworthy. This association helps women and girls to have access to training, counselling and services that allow them to develop their potential and aspirations. The Embassy has shown its willingness to associate itself with the relevant work of W.O.M.E.N. in the framework of the implementation of Mexico's Feminist Foreign Policy.

The meeting with the Mayor of Arima, His Worship Balliran Maharaj, was important in terms of joint collaboration.

The Embassy also organised a meeting with Trinidadian personalities from the textile sector, as a space for reflection to enrich awareness of traditional techniques and ancestral knowledge.



TEJIENDO REDES CON ALIADOS



La Embajada de México dinamiza sus contactos y diálogos con diversos actores de Trinidad y Tobago, con la finalidad de fortalecer las relaciones con este país.

Destaca el encuentro con directivos de la Trinidad and Tobago Seamen Education, Employment Association Contractors, encabezados por su Presidente David Mc Leod, que permitió conocer los desafíos de ese sector, posibilitar el contacto contrapartes mexicanas, identificar buenas prácticas laborales y legislativas mexicanas, además de que la Embajada se sume a la celebración del World Seafarer Day.



Sobresalió también el encuentro con la CEO de la ONG Women-Owned Media & Education Network (W.O.M.E.N.) Lucía Cabrera Jones. Asociación que contribuye a que mujeres y niñas tengan acceso a capacitación, a asesoría y a servicios que les permita desarrollar su potencial y aspiraciones. La Embajada ha mostrado su voluntad para asociarse a la relevante labor de W.O.M.E.N. en el marco de la aplicación de la Política Exterior Feminista de México.

Fue relevante el encuentro con el Alcalde de Arima, Balliran Maharaj, en materia de colaboración conjunta.

También, la Embajada organizó un encuentro con personalidades trinitenses del sector textil, como espacio de reflexión para enriquecer los conocimientos sobre técnicas tradicionales y saberes ancestrales.

MEXICO IS ALSO CULTURE

MANUEL FELGUÉREZ: ABSTRACT ART IN MEXICO

To speak of Manuel Felguérez is to refer to rupture, innovation and artistic courage. A native of Zacatecas and winner of the National Fine Arts Prize, this visionary painter and sculptor transformed the way we understand modern art in the country. In the mid-20th century, he broke with the dominant canon of muralism and became one of the main promoters of abstract art in Mexico.

His work is characterised by geometry, colour and the exploration of new materials. He was also a pioneer of digital art, taking his creative restlessness into the realms of technology and computing from a profoundly Mexican and contemporary aesthetic viewpoint. One of his creations, "El barco" from 1968, was made with the polychrome iron technique and is part of the sculptural collection that adorns the garden of the Museum of Modern Art. According to the writer Octavio Paz, Felguérez created a new movement by fusing painting with sculpture.

Felguérez's legacy lives on today in museums, public spaces and, especially, in one of the main halls of the United Nations in New York, with his work "Agenda 2023".



MÉXICO TAMBIÉN ES CULTURA

MANUEL FELGUÉREZ: EL ARTE ABSTRACTO EN MÉXICO

Hablar de Manuel Felguérez es referirse a la ruptura, la innovación y la valentía artística. Originario de Zacatecas y ganador del Premio Nacional de Bellas Artes, este visionario pintor y escultor transformó la manera en que entendemos el arte moderno en el país. A mediados del siglo XX, rompió con el canon del muralismo dominante y se convirtió en uno de los principales impulsores del arte abstracto en México.

Su obra se caracteriza por la geometría, el color y la exploración de nuevos materiales. Fue también un pionero del arte digital, llevó su inquietud creativa a los terrenos de la tecnología y la computación desde una mirada estética profundamente mexicana y contemporánea. Una de sus creaciones, "El barco" de 1968, fue realizada con la técnica de hierro policromado y forma parte de la colección escultórica que adorna el jardín del Museo de Arte Moderno. Según el escritor Octavio Paz, Felguérez creó un nuevo movimiento al fusionar la pintura con la escultura.

El legado de Felguérez vive hoy en museos, espacios públicos y, especialmente, en uno de los principales salones de las Naciones Unidas en Nueva York, con su obra "Agenda 2023".

DID YOU KNOW...

Mexico City's Benito Juárez International Airport is one of the most punctual in the world, according to the On-Time Performance Review report prepared by the consulting firm Cirium. The study, which analyzes flight punctuality at the world's major airports, ranked Mexico City's Airport third in the world for 2024.



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The Mexican company Mabe, with a commercial presence in the Caribbean, has announced through its Director General of Corporate Affairs, Pablo Moreno, that despite global trade challenges, it will invest US \$668 million to strengthen its innovation, design and development capacities, as well as boost production in order to maintain Mexico's position as a global leader in white goods manufacturing.



According to a comprehensive study conducted by the Ethisphere Institute, the Mexican company Bimbo was recognized in 2025, for the ninth consecutive year, as one of the World's Most Ethical Companies. Only 19 countries and 44 industries were represented among the 136 companies that achieved this recognition. The Mexican company stands out for its policies and actions focused on integrity, business ethics and compliance with good practices.



SABÍAS QUE...

El Aeropuerto Internacional de la Ciudad de México "Benito Juárez" es uno de los más puntuales en el mundo, de acuerdo con el informe On-Time Performance Review, elaborado por la consultora Cirium. El estudio, que analiza la puntualidad de los vuelos en las principales terminales aéreas del mundo y para 2024 el Aeropuerto de la Ciudad de México se posicionó como el mejor tercero a nivel global.

La empresa mexicana Mabe, con presencia comercial en el Caribe, ha manifestado a través de su director general de Asuntos Corporativos, Pablo Moreno, que pese a los desafíos comerciales globales, hará una inversión de 668 millones de dólares para fortalecer sus capacidades de innovación, diseño y desarrollo, así como de impulso a la producción con el fin de mantener a México como un referente global en la manufactura de línea blanca.

De acuerdo a un exhaustivo estudio realizado por Ethisphere Institute, la empresa mexicana Bimbo fue reconocida en este 2025 y por noveno año consecutivo como una de las Empresas Más Éticas del Mundo. Solo 19 países y 44 industrias pudieron colocar representantes entre las 136 empresas que lograron ese reconocimiento. La empresa mexicana destaca por sus políticas y acciones enfocadas a la integridad, la ética comercial y el cumplimiento de buenas prácticas.

BAJA CALIFORNIA, A DESTINATION TO DISCOVER

Baja California is a vibrant Mexican state, where sea, gastronomy and wine intertwine to offer an unforgettable experience for every tourist who takes the opportunity to greet the northwest of Mexico. At the heart of Baja California's tourist offer is the Guadalupe Valley, considered the capital of Mexican wine, where vines grow among gentle hills and the sea leaves its mark on the wine fields that have made it a true tourist mecca.

To tour the Guadalupe Valley is to immerse oneself in its more than 150 wineries that offer specialised tastings and exquisite pairings. Visitors can enjoy award-winning wines in international competitions, in an atmosphere of Mediterranean sunsets, while staying in boutique accommodations and tasting a gastronomy that fuses the flavours of Baja California with innovative proposals of contemporary cuisine.

A visit to Baja California is complemented by Ensenada, a vibrant coastal city with a modern boardwalk, with activities such as grey whale watching during the winter. A few kilometres from Ensenada is La Bufadora, one of the world's most impressive marine geysers, whose plumes of water can reach more than 20 metres high.

Both the Valle de Guadalupe and Ensenada are just over an hour's drive from Tijuana, along a scenic highway that offers spectacular views of the coastline. You can reach Tijuana via cities such as Guadalajara or Mexico City.

BAJA CALIFORNIA, UN DESTINO POR DESCUBRIR



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Baja California es un vibrante estado mexicano, donde el mar, la gastronomía y el vino se entrelazan para ofrecer una experiencia inolvidable para todo turista que se da la oportunidad de saludar al noroeste de México. En el corazón de la oferta turística bajacaliforniana se encuentra el Valle de Guadalupe, considerado la capital del vino mexicano, donde las vides crecen entre colinas suaves y el mar deja su huella en los campos vinícolas que lo han hecho una auténtica meca turística.

Recorrer el Valle de Guadalupe es sumergirse en sus más de 150 casas vinícolas que ofrecen catas especializadas y maridajes exquisitos. El visitante puede disfrutar de vinos premiados en certámenes internacionales, en una atmósfera de atardeceres mediterráneos, mientras se hospeda en alojamientos boutique y degusta una gastronomía que fusiona los sabores propios de Baja California con propuestas innovadoras de cocina contemporánea.

La visita a Baja California se complementa con Ensenada, una ciudad costera vibrante con un moderno malecón, con actividades como el avistamiento de ballenas grises durante el invierno. A unos kilómetros de Ensenada se encuentra La Bufadora, uno de los géiseres marinos más impresionantes del mundo, cuyas columnas de agua pueden alcanzar más de 20 metros de altura.

Tanto el Valle de Guadalupe como Ensenada se encuentran a poco más de una hora en automóvil desde Tijuana, a través de una carretera panorámica que ofrece vistas espectaculares del litoral. Puedes llegar a Tijuana a través de ciudades como Guadalajara o Ciudad de México.

MEXICAN OF THE MONTH MANUELA MARTÍNEZ CAMPAÑA

Manuela Martínez Campaña, who is from Culiacán, Sinaloa, has lived in Trinidad and Tobago for the last 17 years. With effort and dedication, she started an agricultural entrepreneurship that today contributes to the country's food security. Her story is that of a woman determined to generate well-being in her community through her work.

After identifying an opportunity in the agricultural sector, she started a family garden where she cultivates peppers, watermelons, corn, tomatoes and green beans, products that she distributes to local businesses. Eventually, she diversified her business with a chicken farm, which also markets in her community and contributes to the local economy.

Manuela's path demonstrates the true significance of women's empowerment. Through her discipline, dedication and hard work, she has overcome challenges and achieved her goals. Manuela is undoubtedly an example of entrepreneurship and commitment and, for all these reasons, she is our Mexican of the Month.



MEXICANA DEL MES - MANUELA MARTÍNEZ CAMPAÑA

Manuela Martínez Campaña, originaria de Culiacán, Sinaloa, reside en Trinidad y Tobago desde hace 17 años. Con esfuerzo y dedicación, inició un emprendimiento agrícola que hoy contribuye a la seguridad alimentaria del país que la acogió. Su historia es la de una mujer decidida a generar bienestar en su comunidad a través del trabajo.

Al identificar una oportunidad en el sector agrícola, estableció un huerto familiar donde cultiva pimientos, sandías, maíz, tomates y ejotes, productos que distribuye en comercios locales. Más adelante, logró diversificar su negocio con una granja de pollos, que también comercializa en su comunidad que contribuye a la economía local.

El camino de Manuela refleja el verdadero significado del empoderamiento femenino. Gracias a su disciplina, dedicación y esfuerzo, ha superado desafíos y alcanzado sus metas. Manuela es sin duda, un ejemplo de emprendimiento y compromiso, por ello es orgullosamente nuestra Mexicana del mes.

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